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# Lights of Love

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Available from 9th December, 7pm onwards  
Sands YouTube channel [bit.ly/SandsYouTube](https://bit.ly/SandsYouTube)

# Order of Service

As the end of the year approaches, we are offering a space to remember precious babies gone too soon. This year we are thinking about snowflakes, as they are unique, beautiful and only here for a short time like all the precious babies we come to remember. We hope the service of readings and music will offer a sense of peace, comfort and hope to those joining.

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## Song/Poem/Reading

First Name Second Name  
First Name Second Name  
First Name Second Name

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# Support for you



### Sands Christmas Helpline hours

23rd Dec 10am - 2pm and 6pm - 9pm  
24th - 27th 10am - 12pm  
28th 6pm - 9pm  
29th 10am - 2pm  
30th 6pm - 9pm  
31st - 3rd 10am - 2pm

### 4th Jan onwards

### Sands Helpline hours:

Mon - Fri 10am - 3pm  
Tues & Thurs evenings 6pm - 9pm

 **0808 164 3332**

 **helpline@sands.org.uk**

 **sands.community**

 **sands.org.uk/app**

 *For all support options  
visit [sands.org.uk/support](https://sands.org.uk/support)*